

SHORT COURSE:

INCREASING YOUR PROFESSIONAL AND PERSONAL EFFECTIVENESS

Helping professionals and emerging team leaders achieve greater success and fulfilment in both their professional and personal lives.



Participants will identify key purposes, gain strategies for direction and confidence, and address behaviours that limit success.

What is covered in this course?

- Understanding what being effective really means.
- Clarifying personal and professional purposes.
- Distinguishing between what is important and what is essential.
- Applying the four Ds of success: Define, Determine, Design, and Deliver.
- Managing limiting beliefs and behaviours, including issues of control, reluctance to delegate, perfectionism, and procrastination.

Should I attend?

This workshop is ideal for professionals and emerging team leaders seeking to enhance their effectiveness and achieve greater success and fulfilment.

How will I benefit?

Participants will leave the workshop with practical strategies to address behaviours that hinder success. A personal action plan will be developed to help implement changes and increase overall effectiveness.

How will your organisation benefit?

Organisations will benefit from a more focused and fulfilled staff member, whose new outlook can inspire and positively influence colleagues.

Certification

- You will receive an Adelaide University Certificate of Completion.
- This Learning Futures course may contribute to earning Continuing Professional Development (CPD) points.

Program delivery details

Venue	Uni Hub Port Pirie Study Hub, 97 Ellen Street, Port Pirie
Date	Wednesday, 15 April 2026
Time	9am to 4.30pm
Format	Face-to-face
Course fee	\$550 per person. Course subsidised thanks to funding from the Local Buying Foundation.
Catering	Morning tea, lunch, afternoon tea provided.

Scan the QR code to register



Want more info?

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